

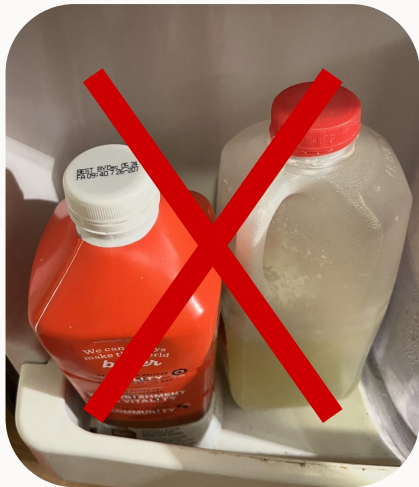


GlowFresh

Silicone Pad for Reducing Food Waste Through Expiration Tracking

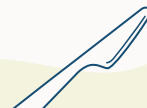
Team F2 - **Jessica Chan**, Gina Seo, Sarah Yang





103 lbs

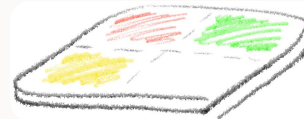
wasted per person every year
from food expiring in the fridge



GlowFresh makes food freshness visible, so you never forget and waste.



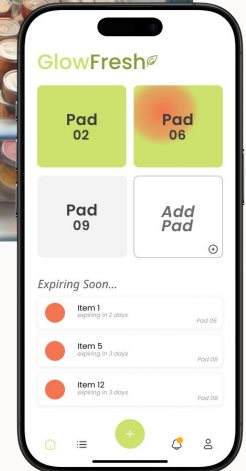
- A silicone pad that glows to indicate food freshness with accurate expiration predictions
- Paired with a mobile app, it allows users to register perishables and suggests smarter grocery choices to prevent spoilage



2 x 2 pad

Hardware

Software



Requirements & Challenges

Use case

Should accurately detect an item placed on the pad and display expiration

Users should be notified of expiration and warned beforehand

Product itself should be easy to use, low maintenance and food safe

Design Requirements

Pressure: Detects $\geq 50\text{g}$, supports 2 stacked items.

Detection: $\geq 90\%$ accuracy, 90/100 tests to recognize placement.

LEDs: Clear transitions & synced with date (Green \rightarrow Yellow \rightarrow Red)

Multi-Item Tracking: Handles 8 items/pad, $\leq 3\text{s}$ sync delay

Notifications: 100% success rate, 2 reminders before red

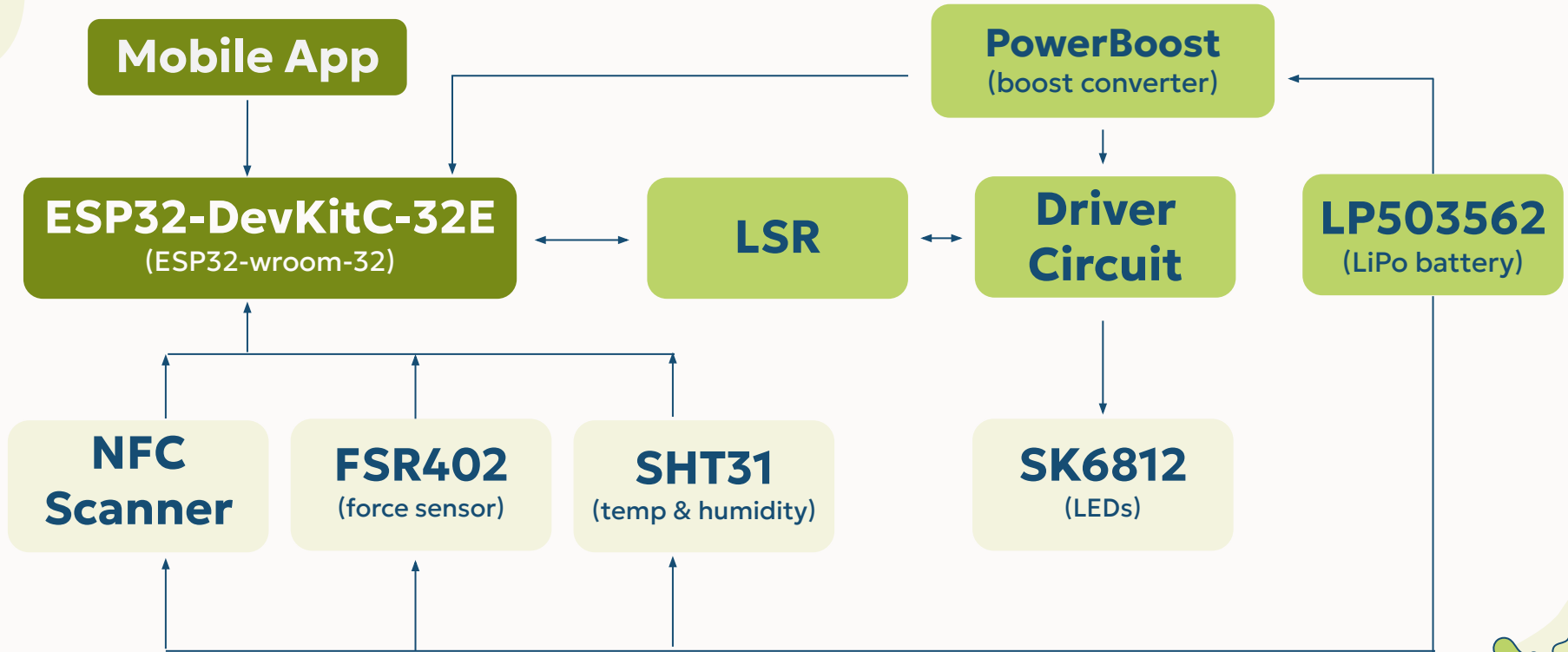
Battery Life: ≥ 1 month

Food-Safe Materials: FDA-approved silicone.

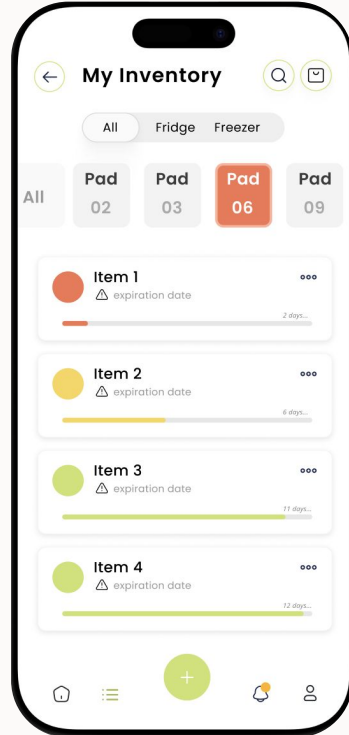
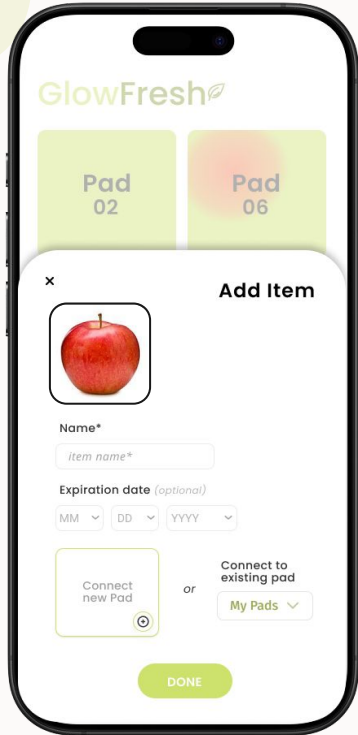
User-Friendly: ≤ 3 steps to log an item; manual item removal; clearly indicates which item in stack is expiring, intuitive UI



System Solution (Hardware)



System Solution (Software)



User



React
Native



Firebase

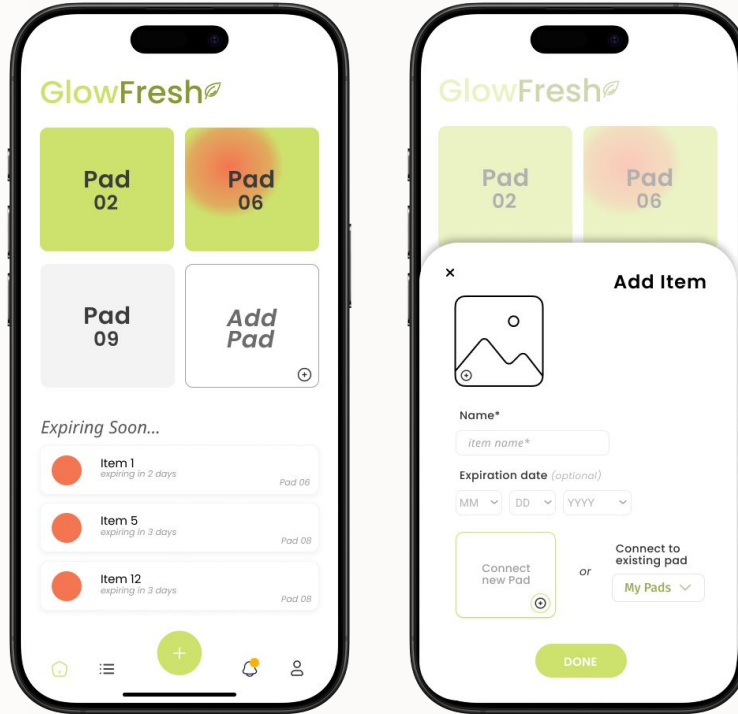
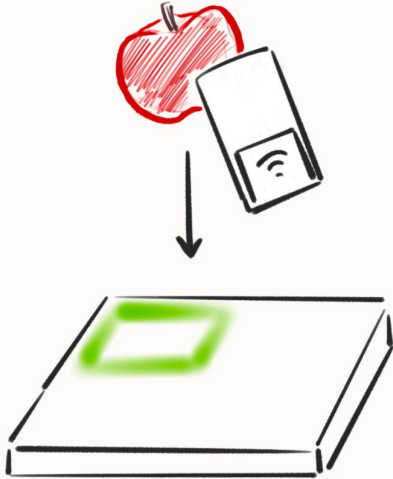


FastAPI



ESP32 MCU

Complete Solution



Sensor Data/LED

ESP32

FastAPI

Software


User





Verification Tests


Feature	Requirement	Input	Method
Pressure detection	> 98% accuracy	Items 50g - 200g	Place varying weights (50g, 100g, 150g, etc)
Expiration to LED update	< 10s	Non-expiring, warning, expired times	Preload sample entries
NFC scan	< 5s	NTAG215 stickers	Scanned multiple tags and measured time to detect item
Item location detection	99% accuracy	Various NFC stickers on multiple items	Logged items in multiple zones, moved them around





Validation Tests


Feature	Requirement	Input	Method
Manual add item -> inventory update	$\leq 3s$, no missed items	No NFC tag, manual input	Item added, ensure firebase + UI updated
Scan add item -> inventory update	$\leq 5s$, no missed detections	Food item with NFC sticker	Scan tag, ensure UID sent to firebase + inventory updated with correct info
Item removal -> inventory update	$\leq 3s$	1. Moving item to different zone 2. Deleting item	Item removal from certain zone, deleting item completely from inventory
Expiring item -> Notification	99% accuracy	Items in warning and expired timeframe	Preload items of varying expiration





Results

Feature	Target	Result	Notes
Expiration -> LED update	< 10s	< 10s	FastAPI sends periodic updates to ESP32, we set time to 10s to reduce overhead as items usually expire on a daily basis
Item location detection	99% accuracy	100%, < 10s update time	ESP32 sends sensor data updates every 10s
Manual add inventory update	<= 3s	2s average, no missed items	
Scan add inventory update	<= 5s	4s average, no missed detections	Phone scanner takes < 2s, board scanner takes longer ~5s
Item removal update	<= 3s	<2s	
Expiring item notification	99% accuracy	100% correct notifications	Sends notifs on change in expiration status





Design Trade-offs

Original Plan	Changes	Trade-off
Thin, polished PCB	Breadboard for modular prototyping	Bulkier (~150% thicker), but saved ~1 week for iteration and improved reliability
Fully molded silicone casing	Modular silicone encasing	Less polished look, but allowed easy hardware swaps
NFC scanner underneath pressure sensors	Side-by-side sensor layout	Sacrificed compactness to ensure reliable NFC scanning
3 registration paths (App + Mat)	Mat-only fallback if App NFC fails	Lost 1 method, preserved core functionality



Project Management

Backend Logic,
Database, UI/UX

Sarah

Circuits, Power
System, Sensor +
LED Integration

Gina

ESP32 MCU,
Communication w/
Software

Jess

1. Design Proposal				
Design Proposal Slides	All	2/12/25	2/16/25	100%
Design Report	All	2/17/25	2/28/25	100%
Rapid Prototyping	All	2/12/25	2/14/25	100%
Order hardware parts	Jess + Gina	2/12/25	2/14/25	100%
Download software	Sarah	2/12/2025	2/14/25	100%
Test communication b/w hardware + software	All	2/12/25	2/14/25	100%
2. Implementation / building				
Physical Pad				
Connect LDR to MCU	Jess + Gina	3/10/25	3/14/25	100%
Connect humidity sensor to MCU	Jess + Gina	4/14/25	4/18/25	50%
Connect temperature sensor to MCU	Jess + Gina	4/14/25	4/18/25	50%
Connect pressure sensors to MCU	Jess + Gina	2/19/25	2/26/25	100%
Bring up LEDs	Jess + Gina	4/7/25	4/11/25	100%
Microcontroller				
Program ESP32 to connect to sensors	Jess + Gina	2/19/25	3/14/25	100%
Hardware integration with software	Jess + Gina	2/19/25	3/14/25	100%
App backend				
Set up Firebase firestore	Sarah	2/19/25	2/26/25	100%
Integrate FastAPI with ESP32	Sarah	2/19/25	2/26/25	100%
App interface				
Set up notifications	Sarah	2/26/25	3/14/25	100%
Set up React Native	Sarah	2/19/25	3/14/25	100%
Frontend UI	Sarah	2/26/25	3/14/25	100%
Figma designs	All	2/26/25	3/14/25	100%
3. Testing				
Hardware Testing				
Test LDR operation	Jess + Gina	3/24/25	4/7/25	0%
Pressure sensor detection	Jess + Gina	3/31/25	4/18/25	70%
Verify LED displays	Jess + Gina	4/7/25	4/18/25	50%
Temperature + humidity sensor detection	Jess + Gina	4/7/25	4/18/25	50%
Software Testing				
Notifications	Sarah	3/31/25	4/4/25	100%
Logic for correct LED light display	Sarah	4/7/25	4/18/25	60%

